

Medications Log

Patient : _____

Date Updated: _____

Medication Name (generic)	P or N	Dose (mg.)	Frequency (1x am, etc)	Prescribing Doctor	Condition	Reaction	SD	P	RD

Drug Allergies

Medication	Reaction

Directions for Using Medication Log

- When listing medications in the log include the generic name, if given. Note whether it is a (P) prescribed medication or a (N) nonprescription or over-the-counter (OTC) drug. Be sure to list all herbal supplements too.
- Write in the dosage, usually in milligrams (mg.), then the frequency. If it's taken only one time a day (1x), then you need to indicate (m) for morning or (e) for evening. Medications taken at noon receive a notation of (n). Use what works for you.
- Some medications can cause side effects if taken at certain times of the day. Having the information when you ask about those side effects can be helpful.
- Note the prescribing doctor, the condition being treated, and any adverse reaction.
- Note the start date (SD) and the pharmacy (P) where the prescription was filled. Listing the pharmacy helps if you're using more than one pharmacy or filling prescriptions both locally and by mail order.
- Recording the refill date (RD) will help keep up with prescription refills and when you need new prescriptions from doctors. Note the (RD) in pencil as it will need to be updated regularly.
- If a medication is changed, even if just the dosage, list it as a new medication, crossing out the old prescription entry. This will enable you to record when the change occurred and why.

The "Universal Medication Form" can be downloaded from www.tnpharm.org/BlankUML.pdf